



Northampton Parks & Recreation Aquatic and Family Center



located at JFK Middle School, 100 Bridge Rd., Florence, MA

POOL SCHEDULE February 2022

ALL LOCAL AND STATE COVID
REGULATIONS WILL BE FOLLOWED.
AS OF SEPT. 23, FACE MASKS MUST
BE WORN AT ALL TIMES INDOORS
EXCEPT WHEN IN THE POOL.

- Check schedule carefully. Call ahead to inquire about lane availability.
- All local and state COVID regulations must be followed. Masks are required at all times except when in water. Do not attend if you do not feel well.
- Proper swimming attire is required, no cotton clothing.
- Weekday morning policy: Swimmers leaving MUST exit pool area by 8:00 am, including those using locker rooms, through pool deck glass doors. All must be out of the building by 8 am.

MONDAY

6:45 - 7:00 am - Lap swim (6 Lanes)
7:00 - 7:45 am - Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
4:30 - 6:15 pm - Lap swim (3 Lanes) / Open swim/ NO Diving Board
5:30 - 6:15 pm - Lap swim (3 Lanes) / Aqua Fitness/ NO Open Swim

TUESDAY

6:45 - 7:45 am - Lap swim (2 Lanes) /Masters' Swim Class
4:30 - 6:15 pm - Lap swim (3 Lanes) / Open swim NO Diving Board

WEDNESDAY

6:45 - 7:00 am - Lap swim (6 Lanes)
7:00 - 7:45 am - Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
4:30 - 6:15 pm - Lap swim (3 Lanes) / Open swim/ NO Diving Board
5:15 - 6:00 pm - Lap swim (3 Lanes) / Water Aerobics/ NO Open Swim

THURSDAY

6:45 - 7:45 am Lap swim (2 Lanes) /Masters' Swim Class
4:30 - 6:15 pm - Lap swim (3 Lanes) / Open swim NO Diving Board

FRIDAY

6:45 - 7:00 am - Lap swim (6 Lanes)
7:00 - 7:45 am - Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
4:30 - 6:15 pm - Lap swim (3 Lanes) / Open swim/ NO Diving Board

SATURDAY & SUNDAY: CLOSED until a weekend custodian is hired

Please note Pool is closed in the afternoon/evenings for Home swim meet: February 3

AFC is closed for the following holiday: February 21

Extra Swim Times: February 22 - February 25; 6:45 am - 9:00 am

February 22 & 25; 12-7:30 pm

February 23 & 24; 12-1 & 3-7:30 pm

Normal Weekday Afternoon Hours 4:30 - 7:30 pm returns February 28

OPEN SWIM: The diving board, where indicated, and 3 lanes are open for leisure swim.

LAP SWIM: Designated lanes for swimming laps and aquatic fitness use ONLY.

LAP SWIMMING ETIQUETTE; PLEASE READ: Lap lanes are available for adults (16 years or older). When swimming alone, you have the entire lane; 2 people split the lane; 3 or more swim in circles: up one side and down the other. Speed is not important; faster people will pass slower people and everyone works at their own pace. Please inform all other swimmers when you join a lane, to prevent accidents. If a lane is empty, children may swim LAPS in that lane until an adult arrives then the child must leave the lane. Lockers are for day use only.

FOR MORE INFORMATION
& TO REGISTER



OPEN YOUR CAMERA APP ON YOUR PHONE
& FOLLOW THE PROMPT

Aquatic & Family Center . 413-587-1046
Parks & Rec Office . 413-587-1040
www.northamptonma.gov/recreation



JFK Pool Calendar February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	2 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-5:15pm High School Diving 4:30-6:30pm H2O Aerobics 5:15-6pm High School Swim Practice 6:30-8:30pm	3 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am POOL CLOSED for HOME SWIM MEET 4:30 - 7:30pm	4 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	5 AFC CLOSED	
6 AFC CLOSED	7 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	8 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	9 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-5:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	10 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	11 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	12 AFC CLOSED
13 AFC CLOSED	14 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	15 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	16 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-5:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	17 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	18 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(3 Lanes) 4:30-6:15pm Open Swim (NO Diving) 4:30-6:15pm High School Diving 4:30-6:30pm High School Swim Practice 6:30-8:30pm	19 AFC CLOSED
20 AFC CLOSED	21 AFC CLOSED (President's Day)	22 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap(3 Lanes)/Open Swim (with Diving) 7:45-9am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-7:30pm	23 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap/(3 Lanes)/Open Swim (with Diving) 7:45-9am Lap(4 Lanes) 4:30-5:15pm Open Swim (with Diving) 4:30-5:15pm H2O Aerobics 5:15-6pm Lap(3 Lanes) 5:15-7:30pm Open Swim (with Diving) 6-7:30pm	24 Lap/(2 Lanes) 6:45-7:45am Masters 6:45-7:45am Lap/(3 Lanes)/Open Swim (with Diving) 7:45-9am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-7:30pm	25 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am Lap/(3 Lanes)/Open Swim (with Diving) 7:45-9am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Lap(3 Lanes) 5:30-7:30pm Open Swim (with Diving) 5:30-7:30pm	26 AFC CLOSED
27 AFC CLOSED	28 Lap (6 Lanes) 6:45-7am Lap (3 Lanes) 6:45-7:45am H2O Aerobics 7-7:40am Lap(4 Lanes) 4:30-5:30pm Open Swim (NO Diving) 4:30-5:30pm Open Swim (with Diving) 5:30-7:30pm	Daily Pool Lap/Open Swim Fees Resident: Adult / Senior / Youth: \$5.00 Non-Resident: Adult / Senior / Youth: \$8.00				